



REQUISITION FORM

Wadea M. Tarhuni, MD, Cardiologist
Ahmed Alghamdi, MD, Cardiologist
Rafal Sieniawski, MD, Cardiologist
Kamal Abu-Rashed, MD, Internist
Martin Lubanski, MD, Internist

REQUEST:

In our continuous effort to provide the best possible care, improve patient access to cardiac care and reduce the waiting time, we are pleased to provide the following Cardiac Diagnostic Services:

- | | |
|---|---|
| <input type="checkbox"/> Walk-in VitaPhone Wireless Loop Monitor | <input type="checkbox"/> Walk-in Echocardiogram |
| <input type="checkbox"/> Walk-in 2wks Continuous Holter Monitor | <input type="checkbox"/> Walk-in Electrocardiogram |
| <input type="checkbox"/> Walk-in MCOT (Mobile Cardiac Out Pt. Telemetry) | <input type="checkbox"/> Walk-in Stress Test* |
| <input type="checkbox"/> Walk-in Holter Monitor <input type="checkbox"/> 24hr <input type="checkbox"/> 48hr <input type="checkbox"/> 72hr | <input type="checkbox"/> Cardiac Consult (Appt.)* |
| <input type="checkbox"/> Walk-in 2 weeks Loop Monitor | <input type="checkbox"/> Stress Echo Test (Appt.) |
| <input type="checkbox"/> Walk-in Ankle Brachial Index (ABI) | <input type="checkbox"/> Walk-in INR Monitor [▲] |
| <input type="checkbox"/> Walk-in Ambulatory 24hr BP monitor (\$40) | <input type="checkbox"/> Walk-in Screening for AAA |
| <input type="checkbox"/> Walk-in body fat / weight analysis (\$20) | (Abdominal Aortic Aneurysm) |

LOCATION:

- | | Tel | Fax |
|---|--------------|--------------|
| <input type="checkbox"/> Main Location , 5-130 Ouellette Place, Windsor *▲+ | 519-250-4449 | 519-250-7807 |
| <input type="checkbox"/> 700 Tecumseh Rd. E. Suite 111 , Windsor ** | 519-962-3075 | 519-962-3094 |
| <input type="checkbox"/> Ziter Building , 2462 Howard Ave, Suite 126, Windsor ** | 519-254-5959 | 519-254-5950 |
| <input type="checkbox"/> Ottawa Street Medical Centre , 2109 Ottawa, Windsor | 519-946-0410 | 519-946-0411 |
| <input type="checkbox"/> Health Trust Medical , 300-871 Ottawa Street, Windsor ** | 519-946-0987 | 519-946-0988 |
| <input type="checkbox"/> Urgent Cardiac Clinic , 103-1106 Ouellette, Windsor | 519-252-7707 | 519-252-4680 |
| <input type="checkbox"/> Jackson Park Health Centre , 101-2475 McDougall, Windsor | 519-966-0089 | 519-966-5622 |
| <input type="checkbox"/> Roseville Medical Centre , 2525 Roseville Garden, Windsor | 519-944-3393 | 519-944-3247 |
| <input type="checkbox"/> Tecumseh Healthcare Centre , 13390 Lanoue, Tecumseh | 519-979-5260 | 519-979-8085 |
| <input type="checkbox"/> Oasis Medical Centre , 140-486 Advance, Tecumseh *▲+ | 519-727-3367 | 519-727-6288 |
| <input type="checkbox"/> Amherstburg Medical Clinic , 71 Sandwich, Amherstburg | 519-736-5444 | 519-736-7687 |
| <input type="checkbox"/> Chatham-Kent Clinic , 109-857 Grand Ave, Chatham ** | 519-358-7158 | 519-358-7194 |

PATIENT INFORMATION (LABEL):

Patient's Last Name,	First Name	DOB	Gender
		DD/MM/YYYY	
Health Number	Version Code (VC)	Patient Phone Number	

REFERRING MD: _____ **COPY TO:** _____

REASON FOR REFERRAL:

- | | | | |
|--|---------------------------------------|--|---------------------------------------|
| <input type="checkbox"/> Chest Pain | <input type="checkbox"/> Palpitation | <input type="checkbox"/> Syncope | <input type="checkbox"/> LV Function |
| <input type="checkbox"/> Arrhythmia | <input type="checkbox"/> Dizziness | <input type="checkbox"/> Murmur | <input type="checkbox"/> Post CABG |
| <input type="checkbox"/> SOB on Exertion | <input type="checkbox"/> Post PTCA | <input type="checkbox"/> Post Valve Sx | <input type="checkbox"/> TIA/Stroke |
| <input type="checkbox"/> CV Risk Screening | <input type="checkbox"/> Abnormal ECG | <input type="checkbox"/> Atrial Fibrillation | <input type="checkbox"/> Hypertension |
| <input type="checkbox"/> Other _____ | | | |

APPROPRIATE CRITERIA FOR CARDIAC SCREENING / STRESS TESTING

Because the most common presentation of Coronary Artery Disease (CAD) is sudden death, and according to 2010 ACCF/AHA Guideline for Assessment of Cardiovascular Risk in Asymptomatic Adults, (J.A.M. Coll. Cardiol. 2010;56; 2182-2199) we strongly recommend Cardiovascular Screening for the following moderate to high risk patients:

- | | |
|--|--|
| <input type="checkbox"/> DM > 45 years old* | <input type="checkbox"/> Family History of premature CAD |
| <input type="checkbox"/> High Cholesterol | <input type="checkbox"/> Abnormal Baseline ECG |
| <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Competitive Sport Athletics |
| <input type="checkbox"/> Stroke / TIA* | <input type="checkbox"/> History of PAD (Peripheral Vascular Disease)* |

*Canadian J of Diabetes, Sep 2008

+CAD present in 1/2 stroke, 1/3 PAD patients, J AM Geriatr. Soc. 1999 Oct/47(10):1255-6

APPROPRIATE CRITERIA FOR STRESS ECHO*

- Chest pain in women
- Chest pain with abnormal base line ECG
- New-onset Atrial Fibrillation
- Nonsustained Ventricular Tachycardia
- High coronary calcium score
- Pre-op evaluation for non cardiac surgery
- Risk assessment post revascularization
- Acute chest pain in ER, with normal ECG and negative cardiac enzymes.

*J Am Soc Echo 2011; 24:229-67

APPROPRIATE CRITERIA FOR LOOP*

- | | |
|--|---------------------------------------|
| <input type="checkbox"/> TIA / stroke* | <input type="checkbox"/> Rule out AF |
| <input type="checkbox"/> Syncope | <input type="checkbox"/> Pre- Syncope |
| <input type="checkbox"/> Palpitation | <input type="checkbox"/> Dizziness |
| <input type="checkbox"/> Lightheaded | |
| <input type="checkbox"/> Chest pain (monitor ST segment) | |
| <input type="checkbox"/> Rule out Bradycardia | |
| <input type="checkbox"/> Rule out Tachycardia | |
| <input type="checkbox"/> Rule out Cardiac Arrhythmia | |

*Stroke, 2007; 38: 1956-1958

APPROPRIATE CRITERIA FOR ECHO*

- | | |
|---|--------------------------------------|
| <input type="checkbox"/> Chest pain | <input type="checkbox"/> CHF |
| <input type="checkbox"/> Heart Murmur | <input type="checkbox"/> SOB |
| <input type="checkbox"/> TIA/Stroke | <input type="checkbox"/> HTN |
| <input type="checkbox"/> Presyncope | <input type="checkbox"/> PVC/PAC |
| <input type="checkbox"/> Abnormal CXR | <input type="checkbox"/> AS/PS |
| <input type="checkbox"/> Enlarged heart | <input type="checkbox"/> MR/AR |
| <input type="checkbox"/> Lightheadedness | <input type="checkbox"/> PTCA |
| <input type="checkbox"/> Pericarditis | <input type="checkbox"/> Murmur |
| <input type="checkbox"/> Pulmonary HTN | <input type="checkbox"/> Palpitation |
| <input type="checkbox"/> Abnormal ECG | <input type="checkbox"/> AF/SVT |
| <input type="checkbox"/> Prostatic valve | <input type="checkbox"/> CABG |
| <input type="checkbox"/> Screening Cardiomyopathy | <input type="checkbox"/> Syncope |

*J Am Soc Echo 2011; 24:229-67

CRITERIA FOR AAA SCREENING*

AAA is found in 6% of men over the age of 65. Risk of spontaneous rupture increases once AAA is over 5cm. Many spontaneous AAA patients will die before reaching the hospital. AAA screening by u/s is a proven cost effective method and is recommended by the Canadian Society of Vascular Surgery.

- Men over the age of 65 to age 75.
- Women over the age of 65 with multiple cardiac risk factors.
- Men and women over the age of 55 with family history of AAA.

*J of Vascular Surgery; June 2007

INSTRUCTIONS FOR STRESS TEST / STRESS ECHO TEST

- All patients must have a **cholesterol profile** done before the stress echo test.
- Avoid heavy meals, coffee (including decaffeinated tea or soda), smoking or alcohol consumption at least 4 hrs prior to your test as this may affect your results.
- If you are a diabetic on insulin, take ½ your normal insulin dose, as the exercise will lower your sugar.
- Do not apply lotions, perfumes or powder to the chest area on the day of your test.
- Wear a two-piece outfit and shoes that will be comfortable for exercising.
- Arrive 15 minutes prior to the scheduled time to allow for registration, and bring your VALID health card and a list of your current medications.
- Expect to wait in the clinic 15-45 min. after your stress test for your body to cool down before driving home.

Medications to stop one day before the test, and on the day of the test, unless otherwise instructed by the doctor to “DO NOT STOP”:

- | | | | |
|--------------|--------------|--------------|---------------|
| • Acebutolol | • Carvedilol | • Isoptin | • Nitrodur |
| • Adalat | • Coreg | • Lopressor | • Propranolol |
| • Amlodipine | • Diltiazem | • Metoprolol | • Pindolol |
| • Atenolol | • Imdur | • Nadolol | • Tiazac |
| • Bisoprolol | • Inderal | • Nifedipine | • Timolol |
| • Cardizem | • Ismo | • Norvasc | • Verapamil |

INSTRUCTIONS FOR CARDIAC LOOP MONITOR

The Loop Monitor Test consists of two parts:

- The first part happens the day you receive the heart monitor. This will take about 30 minutes. During this time, you will have a Baseline 12-lead ECG, fill out a cardiac questionnaire, sign an equipment loan agreement and transmit baseline ECG, and have any questions you have about the use of the heart monitor answered. The monitor is used for 14 days.
- The second part takes place the day you return the heart monitor. This takes about 15 minutes during which time you will have another 12-lead ECG to help finalize your heart monitor report.

The Automatic Trigger Atrial Fibrillation (AF) Cardiac Loop Monitor is small, accurate, convenient & accessible. **VitaPhone Wireless Loop Monitor** is a state-of-the-art cardiac monitor, first of its kind in Canada using satellite technology to continuously monitor your heart and in real time transmit any electrical abnormalities to our central monitoring station automatically. This monitor is exclusively available at the Windsor Cardiac Centre.

The entire test will be done, analyzed and interpreted at the Windsor Cardiac Centre by highly qualified **Board Certified Cardiologists**. The test is covered by **Basic Ontario Health Plan**. All you need to do is sign an equipment loan agreement.

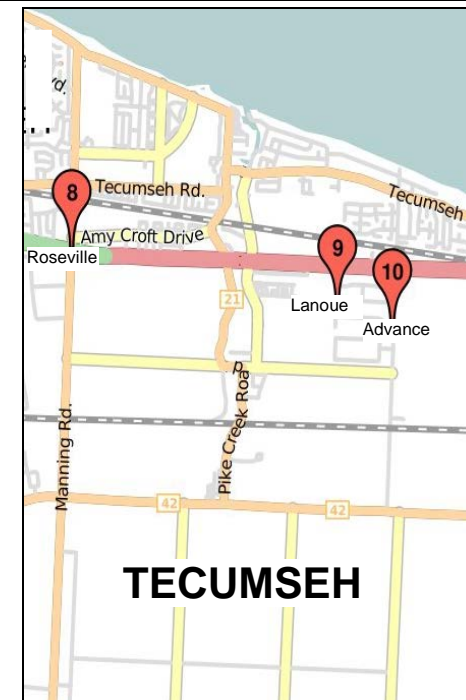
INSTRUCTIONS FOR AAA SCREENING

- This is a 15-20 minute simple and accurate abdominal ultrasound test. You will need to fast for 8 hours before this test.

10 LOCATIONS N WINDSOR & TECUMSEH

- Location 1: WCC Main, 5-130 Ouellette Place, Phone: 519-250-4449
- Location 2: 700 Tecumseh Road, Suite 111, Phone: 519-962-3075
- Location 3: Ziter Building, 126-2462 Howard Ave, Phone: 519-254-5959
- Location 4: Ottawa Street Clinic, 2109 Ottawa St, Phone: 519-946-0410
- Location 5: Health Trust Medical, 300-871 Ottawa, Phone: 519-946-0987
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- Location 8: Roseville Medical, 2525 Roseville Garden, Phone: 519-944-3393
- Location 9: Tecumseh Healthcare, 13390 Lanoue, Phone: 519-979-5260
- Location 10: Oasis Medical Centre, 140-486 Advance, Phone: 519-727-3367

WINDSOR & TECUMSEH LOCATION MAPS



AMHERSTBURG & CHATHAM LOCATION MAPS

